

2024-25 Faculty Listing – SPRINGFIELD

Shelby Chamberlain, BS, CMA (AAMA), is the Program Manager for WellSpring's Medical Assisting Program. A proud WellSpring graduate, Shelby is dedicated to equipping students with the skills and support needed to thrive in healthcare. With over six years of hands-on experience as a Medical Assistant and a bachelor's degree in health management from Phoenix University, she brings valuable expertise to her role. Living in Springfield for six years, Shelby is passionate about fostering future healthcare leaders in the community. Outside of work, she enjoys sports, podcasts, books, and spending time with her two dogs, Buster and Sami.

Tricia Clements, DC, graduated from the University of Western States in Portland, OR. She specializes in sports injury, prenatal & post-partum recovery, TMJ/TMD, and building the proper foundation of mobility and stability for various patients, from professional and young athletes to desk workers, and everyone in between. Outside of the office, Tricia is an avid traveler, seeking out new experiences in different countries or exploring the natural beauty of our own backyard through hiking and sailing. She brings that same curiosity and passion to my work with patients, helping them explore their own potential and new ways to achieve health. She is a part-time instructor.

Chase Dedmon, LMT, is a Licensed Massage Therapist passionate about holistic wellness and education. A 2020 graduate of WellSpring School of Allied Health, Chase has been providing therapeutic bodywork in Springfield, Missouri, since 2021, specializing in personalized treatments that promote relaxation, pain relief, and overall well-being.

As a massage instructor, Chase combines hands-on experience with a supportive teaching style, focusing on practical techniques, client communication, and a solid understanding of anatomy to prepare students for successful careers. Outside of work, Chase enjoys nature, caring for quail and fur babies, and finding inspiration in the world around them. She is a part-time instructor.

Chloe Furtkamp, LMT, is the Program Manager for the Massage Therapy Program. A proud 2022 graduate of WellSpring School of Allied Health, she combines a passion for healing with a love of human anatomy, making massage her true calling. Specializing in Prenatal and Postpartum care, she also excels in Myofascial Release, Neuromuscular Therapy, Lomi Lomi, and Active Release Techniques, often describing herself as a "problem-solving" therapist. With a background in coaching athletes, her passion for teaching led her to join WellSpring as an instructor for hands-on classes. Her top priority is fostering student success and positively impacting the community.

Hannah Hassani, holds a bachelor's degree in Cell and Molecular Biology and a master's in Anatomy Education from Missouri State University. With over a decade of experience as a hands-on anatomy instructor at Missouri State and six years of teaching at WellSpring, she brings a wealth of knowledge to her students. Passionate about the intricacies of the human body, from cellular mechanisms to complex pathologies, Hannah takes joy in sharing her expertise and fostering a deep appreciation for anatomy.

Kathleen Heifner, LMT, is a graduate with honors from WellSpring School of Allied Health, specializing in a range of massage modalities including Swedish, Deep Tissue, MFR, Trigger Point, Pregnancy, Lomi Lomi, Sports, Thai, CST, and Hot Stone. She integrates multiple techniques to create

personalized and effective treatments. As an instructor, Katie emphasizes interactive learning through handouts, visuals, and open discussion, fostering a safe and welcoming environment for all students. She's a part time instructor.

Amber Iseman, DC, a Wichita Falls, Texas native, holds a Bachelor's degree in Biology from Midwestern State University and a Doctorate of Chiropractic from National University of Health Sciences. With four years of experience as a chiropractor, she specializes in Diversified Adjusting, Taping, IASTM, Functional Movement Screening, and care for Pregnancy and Kids. Amber is passionate about sharing her real-world experience in the classroom to help students succeed in their careers. She is a part-time instructor at the institution.

Jessica Kleeman-Dow, LMT, is a dedicated WellSpring instructor with a passion for advancing therapeutic techniques and promoting wellness. A 2021 graduate of the WellSpring School of Allied Health, Jessey brings over three years of experience as a licensed massage therapist. She has earned certifications in Manual Lymphatic Drainage, Kinesio Taping, Gua Sha/Myofascial Scraping, and Cupping, which enable her to provide comprehensive, client-focused treatments. As an instructor, Jessey is committed to empowering students to reach their full potential in massage therapy. She continuously invests in her own professional development to offer the most current and effective instruction, guiding students toward successful careers in the field. She is a part-time instructor.

Joshua Kushen, has been a License Massage Therapist in the State of Missouri since 2002. She has a passion for helping people and truly believes her gift is in healing. Massage Therapy has been more than a job for her it has been an extremely fulfilling calling. She specializes in Swedish, Deep Tissue, Trigger Point Therapy and Thai Massage. These are all amazing techniques, that when combined can be very powerful in reducing and possibly eliminating pain in the body. Her passion is to educate the public about the true benefits of Massage and Bodywork. Her dream is to create a space where people can come to heal so they can live pain free and give from a place of abundance. Darlene recently opened her own office in Nixa, MO called THE GOOD PLACE and teaches Massage Therapy part time at Wellspring School of Allied Health in Springfield, MO. She is a part-time instructor.

Jennifer Lewis-Jackson, LMT, has 30 years of experience in massage therapy across both medical and spa settings, Jennifer brings a wealth of expertise to the field. She has spent 12 years as a massage therapy instructor, teaching full-time in Missouri and part-time as a National CEU Instructor. Jennifer has taught over 20 modalities, as well as Anatomy, Physiology, and Pathology. Holding multiple certifications, including Dynamic Cupping and Injury Recovery, Jennifer has completed 2,500 hours of training and is certified in 14 modalities. A graduate of the Boulder School of Massage Therapy in 1993, she specializes in Pre-natal, Infant, and Geriatric massage, as well as Trigger Point therapy, Posture/Gait assessment, TCM theory, Shiatsu, Tui Na, Swedish, and Deep Tissue. She is a part-time instructor.

Amanda Morris, LMT, CCT, is a Missouri-Licensed Massage Therapist and Certified Cupping Therapist with a focus on holistic health. A graduate of WellSpring School of Allied Health, she founded Mutha Cuppa, LLC in 2018, specializing in Cupping Therapy, including MediCupping, Contemporary Cupping, and Fire Cupping. She also practices energy and crystal healing, as well as aromatherapy. In addition to her practice, Amanda serves as an Adjunct Instructor and Clinic Supervisor at WellSpring, mentoring future massage therapists. She is committed to continuous

professional growth and helping clients achieve pain relief and enhanced well-being. Outside of work, Amanda enjoys nature, astrology, and spending time with her family. She is a part-time instructor

Helen Moss, LMT, is a licensed massage therapist and entrepreneur with over 13 years of experience. After completing the Massage and Bodywork Therapy program at the Bio Chi Institute, she founded Main Street Massage and Wellness Center in 2011, focusing on guiding clients toward wellness. Helen's expertise includes Aromatherapy, Reiki, Oncology Massage, and Kinesiology Taping Techniques. She has served a diverse clientele, including military personnel, professional athletes, and celebrities. Helen is also the co-founder of the Siouxland Holistic Health Event, one of the largest holistic events in the Upper Midwest, now celebrating its 10th year. Her passion for empowering clients and educating them on natural wellness is evident in her work. She is part-time instructor.

Tara Rigger, LMT, CCT, is the owner of Transcend Massage and Wellness in Springfield, MO, with over 18 years of experience in therapeutic and intuitive healing. She holds advanced certifications in Reiki, Cupping Therapy, Neuromuscular Reintegration Technique (Bowen-based Therapy), Amino Neuro Frequency (ANF), and more. Tara graduated from the Professional Massage Training Center in 2006 and is dedicated to providing a balanced approach to massage therapy that combines holistic and clinical methods. She is also passionate about teaching and serves as a part-time instructor, helping to guide the next generation of massage therapists. She is a part-time instructor.

Sheldon Slinkard, Sheldon is a dynamic scholar specializing in communication with a diverse professional background that includes salon management, banking, marketing, and nonprofit work. A Reiki Master Teacher, he combines his holistic expertise with a passion for education to inspire students. Currently pursuing an Ed.D. in Leadership and Innovation, his dissertation focuses on advancing career college education. Outside of his academic pursuits, Sheldon enjoys video games, true crime documentaries, and spending time with his shar-pei/pug mix dogs. He is a part-time instructor.

Brett Tomboc, is the Program Manager for the Fitness & Nutrition Programs. Brett brings over 15 years of experience in the fitness industry as an educator and coach specializing in fitness, anatomy, and kinesiology. As the Program Manager of the Fitness and Nutrition program, he combines academic knowledge with real-world experience to prepare future fitness professionals. With 8 years of coaching experience with Division 1 athletes and elite performers, Brett has honed strategies to optimize physical and mental performance. He now focuses on developing personal trainers and coaches. Outside of the classroom, Brett competes in powerlifting, strongman, and Brazilian jiu-jitsu, reflecting his lifelong dedication to fitness.

Angelo Vasquez, MBA, earned his MBA and bachelor's degree in business administration from Missouri State University. He is also a Graduate of Professional Massage Training Center and has been in the massage industry for over 10 years. Throughout his massage training he has earned certifications in Thai Massage (Level 1), Manual Lymph Drainage (Head and Neck), PMNT, Meridian Healing (Level 1), Sports Massage, IASTM, Kinesio Taping, and Stretch Therapy. His clientele experience derives from clients in chronic pain to new and tenured athletes. What he brings to the classroom is knowledge, experience, and passion to prepare future therapists for the massage industry